



If you would like to become involved in the community and patrol our spectacular beach join our Surf Club and be trained in your bronze medallion.

### **BRONZE MEDALLION / CERTIFICATE II PUBLIC SAFETY (AQUATIC RESCUE)**

Pre-requisites:

To be eligible for the Bronze Medallion, a candidate must:

- be 15 years of age by examination day.
- Completed a 400 metre swim in 9 minutes or less, in either a 25 or 50 metre pool, or an open water course before any training starts in the surf or deep water.  
**PLEASE NOTE:** A swimming training session plan is attached to assist you in reaching your swim pre-requisite.
- Be a financial member of BMD Northcliffe Surf Life Saving Club.
- Be prepared to join our patrol teams/water safety



### **BRONZE MEDALLION COMPETENCIES**

- Communicate in the workplace
- Provide Emergency Care (Basic first aid, CPR, anatomy & physiology)
- Participate in an aquatic rescue operation (Board, tube rescue)
- Work in a team (Carries & supports, patrols)
- Work effectively in a public safety organization
- Follow defined occupational health & safety policies & procedures
- Operate communication systems & equipment (radio operations)
- Apply surf awareness & self rescue skills (surf conditions, techniques)

**NOTE: 15-18 YRS ON COMPLETION OF THE BRONZE ASSESSMENT/CERT II WILL EARN 4 CREDIT POINTS TOWARDS THEIR YEAR 12 CERTIFICATE**

## **COMMITMENT:**

On completion of your bronze assessment you will be assigned to a patrol team and roster for the upcoming patrol season September-May. Any nipper parents completing their bronze medallion can also participate in water safety at Sunday morning nippers & carnivals.

## **COURSE DATES 2016-2017**

1 week 26-30 June 2017 (8AM – 4PM MONDAY TO FRIDAY ONLY)

1 week 18-22 September 2017 (8AM – 4PM MONDAY TO FRIDAY ONLY)

1 week 8-12 January 2018 (8AM-4PM MONDAY TO FRIDAY ONLY)

**COSTS:** Annual Membership: \$75 (If paid before 31/8/17)  
Club swimmers: \$35.00 (M) \$70.00 (F)  
Surf Manual: \$35.00  
Safety rash vest: \$25.00

**PLEASE CONTACT CAROLINE FILDES ON 5539 8091 OR  
[cfildes@northcliffesurfclub.com.au](mailto:cfildes@northcliffesurfclub.com.au)**



**ONCE YOU HAVE COMPLETED YOUR BRONZE MEDALLION THERE ARE MANY OTHER AWARDS TO ACHIEVE IN SURF LIFE SAVING:**

- First Aid (HLTAID003)
- Inflatable rescue boat crew
- Inflatable rescue boat driver
- Advanced Resuscitation Techniques Certificate (HLTAID007)
- Silver Medallion Beach Management