

BECOME A VOLUNTEER LIFE SAVER @ BMD NORTHCLIFFE SLSC



If you would like to become involved in the community and patrol our spectacular beach join our Surf Club and be trained in your bronze medallion.

BRONZE MEDALLION
CERTIFICATE II PUBLIC SAFETY (AQUATIC RESCUE)

Pre-requisites:

To be eligible to enroll in the Bronze Medallion, a candidate must:

- be 15 years of age by examination day
- complete a 400 metre swim in 9 minutes or less, in either a 25 or 50 metre pool, timed by an accredited trainer.



PRE-REQUISITES: A swimming training session plan is attached to assist you in reaching your swim pre-requisite.

- Be prepared to commit to approximately 8-10 weeks to complete the course
- Be a financial member of BMD Northcliffe Surf Life Saving Club
- Be prepared to join our patrol teams/water safety.

ATTENDANCE AT SPECIFIED TRAINING: (Minimum attendance 80%)

BRONZE MEDALLION COMPETENCIES:

- Communicate in the workplace
- Provide Emergency Care (basic first aid, CPR, anatomy & physiology)
- Participate in an aquatic rescue operation (board, tube rescue)
- Work in a team (rescue carries & supports, patrol operations)
- Work effectively in a public safety organization
- Follow defined occupational health & safety policies & procedures
- Operate communication systems & equipment (radio operations)
- Apply surf awareness & self rescue skills (surf conditions, techniques)

NOTE: 15-18YR CANDIDATE WILL EARN 4 CREDIT POINTS TOWARDS YEAR 12 CERTIFICATE ON COMPLETION OF THE BRONZE ASSESSMENT.

ACHIEVEMENT:

On completion of your bronze assessment you will be assigned to a rostered patrol team for the upcoming patrol season September 2017 – April 2018

Nipper parents can also participate in water safety at nippers & carnivals.

COURSE DATES 2017-2018 SEASON

Commencing Sunday 8/10/17.

Every Sunday for 8 weeks practical training & theory 7.30am – 11.30am. (7.15am arrival each morning) except week 2, 15/10/17, which will be a nationally accredited full First Aid course (HLTAID003)

Assessment date 26 November 2017

Theory workbooks will be completed during the course each Sunday.

Pre-requisite swim (400m in under 9 minutes)

To be completed prior to course commencement.



COSTS:	Male	Female
Annual Membership:	\$100.00	\$100.00
Club Togs/Bathers:	\$35.00	\$75.00
Surf Manual:	\$35.00	\$35.00
High vis rash vest	\$25.00	\$25.00

PLEASE CONTACT CAROLINE FILDES ON 5539 8091 or cfildes@northcliffesurfclub.com.au

ONCE YOU HAVE COMPLETED YOUR BRONZE MEDALLION THERE ARE MANY OTHER AWARDS TO ACHIEVE IN SURF LIFE SAVING:

- Inflatable Rescue Boat crew
- Inflatable Rescue Boat driver
- Advanced Resuscitation Techniques Certificate
- Silver Medallion Beach Mgt.



