

# BREAKFAST

**BREAKFAST SERVED 7AM - 10:30AM 7 DAYS A WEEK**  
**A 15% SURCHARGE APPLIES ON PUBLIC HOLIDAYS**

<b>RAISIN TOAST</b> <span>V</span> <span>VGO</span>	7.00	7.75
Thick cut raisin toast, cinnamon butter		
<b>BANANA BREAD</b> <span>V</span>	6.75	7.50
House baked banana bread, cinnamon butter		
<b>CHIA PUDDING</b> <span>V</span> <span>GF</span> <span>DF</span>	17.00	18.90
Chia pudding, fresh fruit, toasted coconut, goji berries		
<b>EGGS ON TOAST</b> <span>V</span> <span>GFO</span>	13.50	15.00
3 eggs cooked your way, 2 pieces of sourdough, rocket, cherry tomatoes		
<b>BEACH BREAKFAST</b> <span>DF</span>	19.00	21.10
2 eggs cooked your way, bacon, hash browns, rocket, cherry tomatoes, sourdough		
<b>BMD BREKKY BURGER</b>	19.50	21.65
Bacon, fried egg, cheese, rocket, tomato relish, hash browns, toasted bun		
<b>SHAKSHUKA</b> <span>GFO</span> <span>V</span>	19.00	21.10
Beans, chorizo, capsicum and onion in a simmering spicy tomato sauce topped with a fried egg and a trio of cheeses served with toasted Turkish bread		

<b>CROISSANT BENEDICT</b> <span>V</span>	19.50	21.65
2 poached eggs, spinach, hollandaise sauce, toasted croissant		
add free range ham	4.95	5.50
add bacon	6.75	7.50

<b>BISCOFF PANCAKES</b> <span>V</span>	20.00	22.20
3 buttermilk pancakes with seasonal berries, caramelised banana, butterscotch sauce, biscoff gelato		
add extra biscoff gelato	5.00	5.50
<b>SMASHED AVO</b> <span>V</span> <span>GFO</span> <span>VGO</span>	20.00	22.20
2 poached eggs, avocado, house made granola, marinated feta, rocket, toasted sourdough		
<b>CROQUE MONSIEUR</b>	18.50	20.55
French style toasted sandwich with free range smoked ham, cheddar cheese, Dijon mustard, béchamel sauce, parmesan cheese		
<b>TOWER 32 BIG BREAKFAST</b> <span>DF</span>	29.00	32.20
Thick Italian pork sausage, bacon, 2 eggs cooked your way, mushrooms, tomatoes, beans, rocket, hash browns, sourdough		
<b>HEALTHY HARVEST</b> <span>V</span> <span>GF</span> <span>VGO</span>	16.00	17.80
Kale, spinach, parsley, chickpeas, quinoa, marinated feta, beetroot hummus, sliced radish, Spanish onion, house made granola		
add two poached eggs	6.00	6.65
add bacon	6.75	7.50



GF Gluten Free DF Dairy Free V Vegetarian V Vegan

Swap to 1 piece gluten free bread \$2.00 | \$2.20  
 Swap to gluten free bun \$3.00 | \$3.35  
 Some menu items can also be adapted to meet your dietary requirements

VGO Vegan option available GFO Gluten Free option available

### Food allergies & intolerances:

Please be aware that whilst all care is taken when catering for special requirements, it must be noted that within the premises we handle nuts, seafood, flour, eggs, fungi, dairy products and gluten. Customers' requests will be catered for to the best of our ability but the decision to consume a meal is the responsibility of the diner.

# BREKKY ADD ONS

Bacon	6.75	7.50	Plain Croissant	7.00	7.80
Hash Browns	4.00	4.45	Sourdough Toast (2)	3.50	3.90
Half Avocado	4.50	5.00	Beans	4.50	5.00
Eggs (2)	6.00	6.65	Sausage	5.00	5.50

# NIPPERS

STRICTLY FOR UNDER 12'S ONLY

Scrambled eggs, toast	8.00	8.90
Bacon, egg, hash brown, toast	10.50	11.65
Watermelon fingers	5.00	5.55
Raisin toast (1)	4.50	5.00
Ham & cheese croissant	9.50	10.55
Vanilla pancakes with syrup and cream	10.00	11.10
add ice cream	3.00	3.35



# DRINKS

FLAT WHITE, CAPPUCCINO, LATTE	4.90	5.45
ESPRESSO, LONG BLACK, PICCOLO, VIENNA, MACCHIATO	3.80	4.20
HOT CHOCOLATE	5.50	6.10
MOCHA	6.00	6.65
BABYCCINO	1.80	2.00
TEA	4.00	4.45
English breakfast, earl grey, green tea, chai, peppermint, chamomile		
ICED LATTE	6.00	6.65
Double shot of espresso served over ice & milk		
AFFOGATO	6.00	6.65
Double shot of espresso served over a scoop of ice cream		
ICED COFFEE/CHOCOLATE	9.00	10.00
Coffee or chocolate mixed with milk & ice cream topped with whipped cream		
MILKSHAKE	9.00	10.00
Chocolate, vanilla, strawberry, caramel, lime, blue heaven, banana		
FRAPPE	9.00	10.00
Chocolate, vanilla, strawberry, caramel, lime, blue heaven, banana		

## Extras & Alternatives

- Milks - Soy, Almond, Oat, Lactose Free
- Mug or Takeaway, Extra shot,
- Flavour shot - caramel, vanilla, hazelnut
- all 1.00

# Freshly Squeezed JUICE BAR

## GREEN GOODNESS

Celery, cucumber, green apple, pear

## REFRESHER

Watermelon, pineapple, mint

## ANTI-AGER

Orange, grapefruit, mint

## GINGER ZINGER

Green apple, carrot, ginger, lemon

## SUBTROPICAL

Apple, pear, pineapple, mint

**\$10.00** (MEMBER) | **\$11.10** (VISITOR)



**BMD NORTHCLIFFE**  
SUPPORTERS CLUB